

# PERSONAL PROTECTIVE EQUIPMENT

## FOR LINEMEN AND CABLEMEN



Linemen and cablemen must use personal protective equipment (PPE) to safely complete work on energized equipment. The absolute minimum PPE safety rule requirements are defined in Occupational Safety and Health Act (OSHA) rules 1910.132, 1926.950, and 1910.269 and the National Electrical Safety Code (NESC).



### HARD HATS OR SAFETY HATS

protect against the impact from falling or moving objects, accidental electrical contact of the head and energized equipment, and sun rays, cold, rain, sleet, and snow.

### SAFETY GLASSES AND FULL-FACE SHIELDS

protect against flying particles and UV rays.

### HIGH VISIBILITY VESTS

alert drivers of the lineman's presence.

### LANYARDS AND FULL-BODY HARNESSSES

enable fall restraint, fall arrest, work positioning, suspension, and retrieval. Shock-absorbing lanyards reduce the impact of a free fall.

### RUBBER GLOVES

are the most important article of protection for a lineman or a cableman. The gloves should have the proper dielectric strength for the voltage of the circuit to be worked on.

### CLOTHING

material must have protective properties such as flame resistance, arc resistance, and visibility.

### FOOTWEAR

Comfortable yet durable footwear is required. Slips, trips, and falls are prevented when proper footwear is utilized.

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